



Wellness Studio

BIG SKY RESORT WELLNESS STUDIO CLASSES

Yoga, Pilates, Winter Conditioning, Nia

7-Day Unlimited Guest Pass \$35

Drop-In Pass \$10

Community Unlimited \$250

Purchase your Wellness Pass today at the Front Desk, Concierge, or Accounting Office.

You must purchase pass PRIOR to attending classes. NO exceptions please.

Classes are in the Wellness Studio located in the Village Center.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-9am	Winter Fitness with Jackie	Yoga with Anna				Yoga with Lianne	
9:30-10:30am	Yoga with Lily (12/26-1/28)		Yoga with Lily (12/26-1/28)	Nia with Hatton (Dec. start)	Yoga with Lianne		
3:30-4:30pm		Pilates with Jolene					Pilates with Jolene
4:30-5:30pm	Yoga with Anna		Yoga with John	TBA	Winter Fitness with Jackie		
5:00-6:00pm		Yoga with Callie					Yoga with John
6:00-7:00pm			Body Conditioning with Maggie			Body Conditioning with Maggie	

Please bring your Wellness Pass and Sign In before the start of class.

All classes subject to change and availability.

Mats are provided, please wear comfortable clothing and bring water.