



# BIG SKY RESORT WELLNESS STUDIO CLASSES

**Yoga, Pilates, Ski Conditioning, Nia, & Belly Dance**

- 7-Day Unlimited Guest Pass      \$35**
- Drop-In Pass                              \$10**
- Community Unlimited                  \$250**

**Purchase your Wellness Pass today at the Front Desk, Concierge, or Accounting Office.**

**You must purchase pass PRIOR to attending classes. NO exceptions please.**

**Classes are in the Wellness Studio located in the Village Center.**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-9am	Winter Fitness with Jackie	Yoga with Anna	Pilates with Jolene		Yoga with Lianne	Yoga with Lianne	
9:30-10:30am				Nia with Hatton			
3:30-4:30pm		Pilates with Jolene					Pilates with Jolene
4:30-5:30pm	Yoga with Anna				Winter Fitness with Jackie	Body Conditioning with Maggie	
5:00-6:00pm		Yoga with Callie					
6:00-7:00pm			Body Conditioning with Maggie	Belly Dancing with Katie			

**Please bring your Wellness Pass and Sign In before the start of class.**

**All classes subject to change and availability.**

**Mats are provided, please wear comfortable clothing and bring water.**